

DEFINITIONS

Clinically Managed - Services directed by non-physician addiction specialists rather than medical personnel. They are appropriate for individuals whose primary problems involve emotional, behavioral or cognitive concerns, readiness to change, relapse, or recovery environment, and whose problems with intoxication/withdrawal or biomedical are minimal or can be managed through separate arrangements for medical services. Source: ASAM PPC-2r

Co-Occurring Capable - Treatment programs that address co-occurring mental and substance-related disorders in their policies and procedures, assessment, treatment planning, program content and discharge planning are described as “Co-Occurring Capable” COC. Such programs have arrangements in place for coordination and collaboration with mental health services. They can provide psychopharmacologic monitoring and psychological assessment and consultation, either on site or through coordinated consultation with off site providers. Program staff are able to address the interaction between mental and substance related disorders and their effect on the client’s readiness to change- as well as relapse and recovery environment issues- through individual and group program content. Nevertheless, the primary focus of COC programs is the treatment of substance-related disorders. Source: ASAM PPC-2r

Co-Occurring Enhanced - Describes treatment programs that incorporate policies, procedures, assessments, treatment, and discharge planning processes that accommodate patients who have co-occurring mental and substance related disorders. Mental health symptom management groups are incorporated into addiction treatment. Motivational enhancement therapies specifically designed for those with co-occurring mental and substance-related disorders are more likely to be available (particularly in out-patient settings) and, there is close collaboration or integration with a mental health program that provides crisis backup services and access to mental health case management and continuing care. In contrast to Co-Occurring Capable services, Co-Occurring Enhanced services place their primary focus on the integration of services for mental and substance-related disorders in their staffing, services and program content. Source: ASAM PPC-2r

Level of Functioning – An individual’s relative degree of health and freedom from specific signs and symptoms of a mental or substance-related disorder, which determine whether the individual requires treatment. Source: ASAM PPC-2r

Medically Managed - Services that involve daily medical care, where diagnostic and treatment services are directly provided and/or managed by an appropriately trained and licensed physician. Source: ASAM PPC-2r

Medically Monitored - Services that are provided by an interdisciplinary staff of nurses, counselors, social workers, addiction specialists, and other health care professionals and technical personnel, under the direction and supervision of a licensed physician. Medical monitoring is provided through an appropriate mix of direct patient contact, review of records, team meetings, 24-hour coverage by a physician, and quality assurance programs. The physician may or may not directly administer care to the client. Source: ASAM PPC-2r

Handout 2 - Definitions

Recovery Oriented System of Care - a person-centered and self-directed approaches to care that build on the strengths and resilience of individuals, families, and communities to take responsibility for their sustained health, wellness and recovery from alcohol and drug problems.

Source: Center for Substance Abuse Treatment, *National Summit on Recovery Conference Report*, 2005.