

Prevention... What's The 4-1-1?

National Recovery Month

National Recovery Month is an observance that educates Americans on the fact that addiction treatment and mental health services can enable those with a mental and/or substance use disorder to live a healthy and rewarding life. The observance's main focus is to acclaim the gains made by those in recovery from these conditions, just as we would those who are managing other health conditions such as hypertension, diabetes, asthma, and heart disease. Recovery Month spreads the positive message that behavioral health is essential to overall health, prevention works, treatment is effective, and people can and do recover.

Now in its 23rd year, National Recovery Month highlights individuals who have reclaimed their lives and are living happy and healthy lives in long-term recovery and also honors the prevention, treatment, and recovery service providers who make recovery possible. Recovery Month promotes the message that recovery in all its forms is possible, and also encourages citizens to take action to help expand and improve the availability of effective prevention, treatment, and recovery services for those in need. In recognition of the month, several events will be held throughout the state each week showcasing Alabama's efforts in recovery. For a listing of all Recovery Month events, visit the Department of Mental Health's website at <http://mh.alabama.gov>

Source: www.recoverymonth.gov



"It is never to late too late to be what you might have been." ~George Eliot

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Division of Mental Health
and Substance Abuse Services
Office of Prevention Services
www.mh.alabama.gov

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Strategic Prevention Framework (SPF) Step 4, Implementation

You've **Assessed** the (community) needs, you've looked at **Capacity** (internal and external to the agency), and you've developed a **Plan**; *Now What?* The **Implementation** phase of the SPF process is focused on carrying out the various components of the prevention plan i.e. doing what you have said you are going to do. Additionally, implementation involves identifying and overcoming potential barriers. During program implementation, organizations detail the evidence-based policies and practices that need to be undertaken, develop specific timelines, and decide on ongoing program evaluation needs. More specifically, the Collaborative for the Application of Prevention Technologies (CAPT) suggests the following considerations:

Action plan development. An action plan is a written document that lays out exactly how you will implement the selected program, policy, or strategy. It describes what you expect to accomplish, the specific steps you will take to get there, and who will be responsible for doing what.

Fidelity and adaptation. Fidelity refers to the degree to which a program is implemented as its original developer intended. Adaptation refers to how much, and in what ways, a program, practice, or strategies are changed to fit local circumstances.

Factors that may influence implementation. These include staff or practitioner selection, pre- and in-service training, ongoing consultation and coaching, staff and program evaluation, facilitative administrative support, and a favorable history implementing prevention programs.

A more in-depth detailing of these considerations can be found at: <http://captus.samhsa.gov/access-resources/about-strategic-prevention-framework-spf#Step4>



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