

Employee Assistance Program



Employees of State Government have access to short-term counseling and referral services through the EAP. A network of master's prepared mental health professionals, psychologist, and psychiatrist are available to assist with problems. Some of the problems they provide assistance with include stress, substance abuse, marital and family issues, depression, anxiety, etc. The services are available for employees and dependents. Each fiscal year at no cost to the employee you have access to an assessment and two follow up visits. Self-referral or supervisory referral can be made at 800-245-1150 or 205-879-1150 or visit www.behavioralhealthsystems.com to learn more.

(Picture Source: <http://cdn.wiredimpact.com/wp-content/uploads/2013/02/hope-nonprofit-website-flower.jpg>)