

## Specific Factors That May Increase Risk for Suicide.

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- ❑ Current ideation, intent, plan, access to means.
- ❑ Previous suicide attempt or attempts.
- ❑ Alcohol/Substance abuse
- ❑ Current or previous history of psychiatric diagnosis.
- ❑ Impulsivity and poor self-control
- ❑ Hopelessness presence, duration, severity
- ❑ Recent losses physical, financial, personal.

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- ❑ Recent discharge from an inpatient psychiatric unit.
- ❑ Family history of suicide
- ❑ (Co-morbid) chronic or long term illness esp. a newly diagnosed problem or worsening symptoms.
- ❑ Age, gender, race (elderly or young adult, unmarried, white, male, living alone.
- ❑ Same-sex orientation

*(Source: Recognizing the Warning Signs of Suicide, NARH Nurse Education, Brenda Gilliam, RN)*