

Resources available from DMH

The resources listed below are what we normally have on hand. We also have other resources from time to time that may not be listed here. We encourage you to contact the Office of Public Information & Community Relations at 334-242-3417 if you are interested in available resources.

DVDs/Videos

The Legacy of Wyatt (both Mental Illness and Intellectual Disabilities versions)
The Legacy of Charley Pell
Star Initiatives
Addiction (HBO Special)
Community Mental Health Issues Affect You! (also available from ACCMHB)
Alzheimer's/Dementia Series

DMH Specific Informational Brochures, etc.

Annual Reports
DMH Advocacy services
DMH Media Guide
DMH Directory of Services
Parenting Assistance Line (PAL)
Star Initiatives

National Institute of Mental Health (NIMH) Brochures

These may be ordered for FREE directly from NIMH by visiting their Web site at infocenter.nimh.nih.gov.

Anxiety Disorders
Autism Spectrum Disorders
Attention Deficit Hyperactivity Disorder (ADHD)
Bipolar Disorder
Depression
Generalized Anxiety Disorder
Helping Children and Adolescents Cope with Violence and Disasters: What Parents Can Do
Helping Children and Adolescents....: What Community Members Can Do
Helping Children and Adolescents....: What Rescue Workers Can Do
Obsessive Compulsive Disorder
Panic Disorder
Post-Traumatic Stress Disorder
Schizophrenia
The Teenage Brain: A Work in Progress

En español

Bipolar Disorder
Generalized Anxiety Disorder
Men and Depression
Obsessive Compulsive Disorder