

The MR/DD Board, Inc.

Baldwin, Clarke & Washington Counties

Three Year Plan

FY 2014-2016

The MR/DD Board, Inc.
Baldwin, Clarke, Washington

PLAN FOR SERVICES
2014 - 2016

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The MR/DD Board, Inc.

Baldwin, Clarke, Washington

SECTION I

Introduction

The MR/DD Board, Inc., is a public non-profit agency which was established by the local people and government of Baldwin, Clarke and Washington Counties.

Baldwin and Clarke Counties incorporated in 1994 and merged services in 1996. Washington County joined Baldwin and Clarke Counties in services and planning in 2009. The organization was created under Act 310 of the 1967 Regular Session of the Alabama Legislature. Act 310 gives the Board of Directors authority to establish and maintain programs to assist people with developmental disabilities including intellectual disabilities.

The MR/DD Board, Inc. is driven by individuals, parents, advocates, services providers, and school systems to develop this Plan of Services for the next three years. Efforts are focused on a plan that is individual-driven, and address the needs of people with a diagnosis of mental retardation.

The following statements have been established

- The population as of the 2012 census estimate is as follows:
 - 2012 census estimate Population Change from 2010
 - Baldwin - 190,790 4.7 percent (increase)
 - Clarke - 25,161 -2.6% (decrease)
 - Washington -17,109 -2.7% (decrease)
- Local government participation must be significantly increased in order to develop needed resources and services.
- Program funding guidelines such as the Medicaid Waiver must be flexible enough to encourage movement within the service delivery system.
- Funding resources must be made available for those individuals not eligible for programs provided through the Medicaid Waiver.
- Contracts seeking employment training shall be developed to promote support in the workplace

SECTION II

Mission Statement

It is the mission of The MR/DD Board, Inc., to provide for a system of effective and efficient services to the citizens of Baldwin, Clarke and Washington Counties with a diagnosis of mental retardation. This system of services endorses the precepts that services shall be individual driven, shall be provided in the least restrictive setting, shall maximize consumer and family input, shall use existing support systems, shall be outcome oriented, and shall utilize family, consumer and employee satisfaction as a major indicator of quality.

Vision Statement

To provide or ensure the provision of services and supports that are high quality, efficient, and cost effective as possible within the resources available, such that persons with developmental disabilities may live with dignity as fully functioning, participating, and contributing members of our community, regardless of their ability.

SECTION III

Service Philosophy

1. Persons who have a diagnosis of mental retardation and/or developmental disabilities shall be provided the supports and services needed to lead independent lifestyles, participate in community living and exercise personal choice.
2. Assistance to access a variety of services should be available within the local community to meet the needs of most individuals.
3. Supports and services that are public funded should complement the natural support networks. Building on natural supports shall be family, friends, co-workers, neighbor and other community functions. The range of services available should enable the individual to make choices that are personalized, effective and economical.
4. Services shall promote integration of people with developmental disabilities into all aspects of community life. Personal economic independence, productivity and self-sufficiency shall be promoted.
5. Efforts shall be made to provide persons with developmental disabilities effective personal security including the right to live and work in a safe and secure environment, reliable health services, and protection from abuse/neglect and economic exploitation.
6. Service systems should attempt to ensure that the human, civil, and legal rights of persons with developmental disabilities are recognized, protected and respected.
7. Informed choices made by consumers and their families/advocates, as well as their rights, values and needs, are of primary concern in the development and operation of services.

SECTION IV

Assumptions

In the development of this Three Year Plan, 2014 – 2016, the following issues were considered:

1. Funding currently received from the Alabama Department of Mental Health will be maintained at current levels. Request for an increase in supported employment funding via the Alabama Department of Mental Health/DD Division and AL Department of Rehabilitative Services to increase on the job training and supports.
2. Alabama's Home & Community Based Waiver (Medicaid ID & LAH Waivers) will continue to be available. Funding for supported employment shall be sought to enhance employment for persons meeting the ID/DD criteria.
3. Local government funding is needed to assist in meeting the needs of its citizens.
4. This plan shall be reviewed yearly to determine needs.

SECTION V

Description of Services and Population Served

The MR/DD Board, Inc., provides services in Baldwin, Clarke and Washington Counties. The area of service is limited to Baldwin, Clarke and Washington Counties.

Services are available to persons who meet the eligibility criteria for a diagnosis of mental retardation. Baldwin County provides early intervention services, and infant and toddlers shall meet eligibility requirements of the Early Intervention program.

Specific areas of service are:

- Provides a single entry point into all services provided to people with a diagnosis of mental retardation. Assists family in arranging assessments for eligibility determination.
- Case management provides quality services to targeted groups of individuals with a diagnosis of mental retardation. Such services include needs assessment, case planning, service arrangement, social support, reassessment and follow-up, and monitoring.
- Service coordination for infants and toddlers and their families. Provides quality services to designated infants/toddlers who meet Part C eligibility criteria. Such services include needs assessments, case planning, service arrangements, social support, reassessment and follow-up, and monitoring.
- Service Providers are listed for each county:
 - **Baldwin County** - ARCBC, Inc., Dawn House, Inc., Statewide Healthcare Services, Inc., Volunteers of America, Burrowes Residential Services, Inc. and United Cerebral Palsy of Mobile, Inc.
 - **Clarke County**- CCARC, Inc. and Louise Davis Support Services.
 - **Washington County** - ECI, Inc. and Statewide Healthcare Services, Inc.

**Service providers may contract with The MR/DD Board, Inc. and/or the AL Department of Mental Health through Region III office.*

SECTION VI

Description of the Planning Process

The MR/DD Board, Inc. requests input into the planning process through correspondence via mail and contact from individuals, family members or guardians, as well as from various agencies and school systems.

The MR/DD Board, Inc., intake coordinator sends brochures and contact information to the Special Education division at the local public schools division in Washington, Clarke and Baldwin Counties.

MR/DD personnel serve on committees and attend meetings such as Community Counsel meeting in Clarke County, and the Children's facilitation team meetings in Clarke and Baldwin Counties. The reputation and experience base of The MR/DD Board, Inc., in enhancing its presence throughout Baldwin, Clarke and Washington Counties, has grown considerably over the past several years.

Input from key stakeholders is obtained through surveys. Satisfaction Surveys are sent to all individuals receiving services to determine satisfaction with services as well as to assess future service needs. Areas of need are addressed by the team.

A needs assessment is conducted by the intake coordinator for persons interested in services in our counties and if the person is approved eligible for services by the Alabama Department of Mental Health, they are placed on the waiting list for services. This needs assessment is performed to evaluate current needs and update information as requested by the individual.

SECTION VII

Waiting List Assessment

The AL Department of Mental Health has a 1-800-361-4491 number for persons to call seeking Medicaid waiver services in Alabama. The MR/DD Board, Inc., meets with the individuals and obtains information for eligibility.

The MR/DD Board, Inc. submits the Waiting List Packet to ADMH Region III, to request placement on the statewide waiting list. Once eligibility is determined by Region III, an individual may be placed on the waiting list.

Currently, the MR/DD Board, Inc. obtains a copy of the waiting list for Baldwin, Clarke and Washington Counties from Region III.

INDIVIDUALS ON WAITING LIST:

<u>County</u>	<u>October 2011</u>	<u>October 2012</u>	<u>August 2013</u>
Baldwin	100	114	103
Clarke	34	34	25
Washington	14	16	14
Total	148	164	142

SECTION VIII

Current Services, Goals, Objectives and Areas of Need

CASE MANAGEMENT: Age 3 years and older

Approximately 261 individuals receive targeted case management and/or service coordination through this agency.

Baldwin	173
Clarke	58
Washington	30

EARLY INTERVENTION CASE MANAGEMENT: Birth to age 3 years

Approximately 55 individuals receive targeted case management throughout the year and/or service coordination through this agency. Baldwin County provides Early Intervention services.

SUPPORTED EMPLOYMENT:

Approximately 25 individuals will participate over the next three years in supported employment in Baldwin County, via Project Search. Expansion of Project Search is an option for Clarke and Washington Counties.

CURRENT NUMBER SERVED IN MEDICAID WAIVERS:

	<u>ID WAIVER</u>	<u>LAH WAIVER</u>
Baldwin	155	15
Clarke	46	12
Washington	26	1
Total	227	28

CURRENT INDIVIDUALS SERVED THAT ARE NON MEDICAID ELIGIBLE

Baldwin	26
Clarke	5
Washington	0

CURRENT FUNDING RESOURCES AND ALLOCATIONS

- Alabama Department of Mental Health
- Special Education Trust Fund
- Baldwin County Commission
- Alabama Department of Human Resources
- Alabama Children Facilitation Team
- United Way of South Baldwin County, Inc.

FUNDING RESOURCES:

The prospect of increasing funding sources is limited. We are utilizing the local community resources such as:

- Local city and county government
- Individual and Family Support Services
- Catholic Social Services
- Baldwin EMC
- Community organizations

GOALS AND OBJECTIVES:

1. Community Outreach - Distribute brochures to schools and local community agencies about eligibility for Medicaid Waiver, Early Intervention and Supported Employment services.
2. Attend meeting when scheduled to discuss services and needs in the community.
3. Continue advocating for individual's needs.
4. Conduct annual survey/needs assessment for individuals receiving services.

